



# Health visitors work with families & communities to improve access, experience, outcomes and reduce health inequalities

4

## levels of service:

Your community

Universal

Universal plus

Universal partnership plus

5

## universal health reviews\*:

Antenatal

New baby

6 – 8 weeks

1 year

2 – 2 ½ years

\*mandated for 18 months

6

## high impact areas:

Transition to parenthood

Maternal mental health

Breastfeeding

Healthy weight

Managing minor illness & accident prevention

Healthy 2 year olds & school readiness